

## Toilet Training for Individuals with Autism or Other Developmental Issues: Second Edition

Maria Wheeler



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Toilet training can be a battleground for parents and children. In this book—the only one on the market dealing with the specific issues involved in toilet training children with autism—Maria Wheeler offers a detailed roadmap for success, based on over twenty years of experience. Easy-to-read bulleted lists offer over 200 do's and don'ts, along with more than fifty real-life examples. Learn, among other things, how to:

- gauge "readiness"
- overcome fear of the bathroom
- teach how to use toilet paper, flush and wash up
- and deal with toileting in unfamiliar environments.

A life preserver for parents and reluctant children!

Helpful chapters include:

- The Importance of Toilet Training
- Determining Readiness
- Developing a Toileting Routine
- Dressing for the Occasion
- Habit Training
- Teaching Continence
- Communicating the Need to Use the Toilet
- When Toilet Training is Successful
- Toileting in Unfamiliar Environments
- Nighttime Training
- Support Strategies
- Common Problems (and Solutions) Associated with Toilet Training Persons with Autism



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