



# The Juice Detox Diet 3-Book Collection

*Jason Vale*

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# The Juice Detox Diet 3-Book Collection

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## **The Juice Detox Diet 3-Book Collection Jason Vale**

All you need to lose weight, slim down and get healthy after the Christmas party season, and beyond, from million-copy bestselling author and king of juicing Jason Vale.

Step 1: Kick-start your detox with Jason's bestselling title, 7lbs in 7 Days – a week-long super juice cleanse.

Step 2: Follow up with its perfect partner, Turbo-Charge Your Life in 14 Days, a two-week diet plan with meals delicious recipes included, to maintain your weight loss, change the way you eat, and keep your body lean, permanently.

Step 3: Supplement your new lifestyle change with Juice Master Keeping it Simple, your ultimate collection of 100 delicious juices and smoothies to inspire you on your journey to health, energy and permanent weight loss.

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