

Net Carb Counter

Sheila Buff



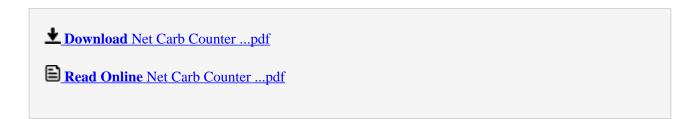
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Whether you're on Atkins, South Beach, Weight Watchers, Sugar Busters!, the Zone, or ANY of today's most popular weight—loss programs, the *Net Carb Counter* takes the guesswork out of shopping and meal planning by placing the essential net carb content information you need right at your fingertips!



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