



The Smile Prescription

Rich Castellano MD

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Dr. Rich has been featured on ABC, NBC, CBS, & FOX

"The Smile Prescription" isn't just a book to read, it's a Smile Prescription to take and master. Real science, true stories, and fun exercises create lasting results. "The Smile Prescription" teaches you how to live a happier, healthier, and more abundant life.

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Rich Castellano, MD, The Smile Dr. is a double board certified facial plastic surgeon, bestselling author, scientist, and busy speaker. He is an expert on how to change the facial appearance, and also on how our facial appearance changes us. You must hear what the latest science and research shows about your greatest asset and resource, your SMILE!

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