



The Patella: A Team Approach

Ronald P. Grelsamer, Jenny McConnell

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The experts show clinicians the newest and most effective solutions to patellar malalignment and pain. With *The Patella: A Team Approach*, readers get a new understanding of the basic nomenclature and the causes of patellar pain. The book provides a rational strategy for diagnosis with a step-by-step guide to the history and physical examination, a sensible approach to using imaging studies, and the many causes of patellar pain without malalignment. The authors present a hands-on approach to team treatment with guidance in the McConnell Taping Technique, practical application of surface electromyography, the ins and outs of orthotics, and insights and recommendations from two renowned experts in the field.

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