



How to Hepburn: Lessons on Living from Kate the Great

Karen Karbo

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How to Hepburn, Karen Karbo's sleek, contemporary reassessment of one of America's greatest icons, takes us on a spin through the great Kate's long, eventful life, with an aim toward seeing what we can glean from the First Lady of Cinema. One part *How Proust Can Change Your Life* and one part *Why Sinatra Matters*, *How to Hepburn* teases some unexpected lessons from the life of a woman whose freewheeling, pants-wearing determination redefined the image of the independent woman while eventually endearing her to the world.

This witty, provocative gem is full of no-nonsense Hepburn-style commentary on subjects such as: making denial work for you; the importance of being brash, facing fear, and always having an aviator in your life; learning why and how to lie; the benefits of discretion; making the most of a dysfunctional relationship; and the power of forgiving your parents. Thrilling fans of the notoriously independent actress, award-winner Karen Karbo presents a gusty guidebook to harnessing your inner Hepburn, and living life on your own terms.

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