



# Bottomfeeder: How to Eat Ethically in a World of Vanishing Seafood

*Taras Grescoe*

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**Bottomfeeder: How to Eat Ethically in a World of Vanishing Seafood** Taras Grescoe

**An eye-opening look at aquaculture that does for seafood what *Fast Food Nation* did for beef.**

Dividing his sensibilities between Epicureanism and ethics, Taras Grescoe set out on a nine-month, worldwide search for a delicious?and humane?plate of seafood. What he discovered shocked him. From North American Red Lobsters to fish farms and research centers in China, *Bottomfeeder* takes readers on an illuminating tour through the \$55-billion-dollar-a-year seafood industry. Grescoe examines how out-of-control pollution, unregulated fishing practices, and climate change affect what ends up on our plate. More than a screed against a multibillion-dollar industry, however, this is also a balanced and practical guide to eating, as Grescoe explains to readers which fish are best for our environment, our seas, and our bodies.

At once entertaining and illuminating, *Bottomfeeder* is a thoroughly enjoyable look at the world's cuisines and an examination of the fishing and farming practices we too easily take for granted.

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