



## Parents and Toddlers in Groups: A Psychoanalytic Developmental Approach

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This book explores how psychoanalytic principles can be applied when working with parents and toddlers in groups. Illustrated with lively observations, it discusses how these parent-toddler groups can be an effective medium for early intervention during a period which is critical for the negotiation of a child's central emotional issues.

*Parents and Toddlers in Groups* demonstrates the particular challenges of the toddler phase and its contribution to an individual's future development and relationships. Focusing on an approach developed by the Anna Freud Centre and comprising chapters from a range of expert contributors, topics include:

- the history, theory and practice of parent-toddler groups at the Anna Freud Centre
- how this approach has been adapted and applied across a wide range of settings and cultures
- the findings of research projects carried out on parent-toddler groups.

This book will be a valuable resource for practitioners wanting to reach parents and young children in community, educational and a variety of other settings. It will also appeal to child psychotherapists and psychologists working in CAMHS teams.

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