

# **Human Sexuality: A Contemporary Introduction**

Caroline Pukall



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*Human Sexuality: A Contemporary Introduction* helps students to understand the many perspectives from which human sexuality can be studied. It is the first ground-up Canadian text in this discipline and is skilfully interdisciplinary in its approach. The editor and contributors fuse a biological perspective with important perspectives gained from social and cultural issues, incorporating the latest Canadian research, clinical practice issues, and other up-to-date developments in the field.

Written by leading Canadian instructors, researchers, and clinicians in the field, this introduction to human sexuality offers a wealth of contemporary perspectives and a diversity of views. Some of the many topics covered include sexually transmitted infections, sexual orientations, pregnancy and childbirth, and sexually explicit media. Furthermore, a unique stand-alone chapter on communication as well as two chapters devoted to variations in sexual behaviour and sexual dysfunction make this text unique and highly attractive to a broad range of students. Current discussions surrounding contemporary issues facing young adults-such as sexting, the HPV vaccine, Internet pornography, and safer sex negotiation-are also presented.

Sometimes shocking and often remarkable, the material throughout is always practical, highly informative, and very contemporary. By offering an even distribution of traditional biological and clinical subject matter for psychology students in combination with key social content for non-majors, this ground-breaking book is an invaluable resource for all students studying human sexuality.

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