



**Cooking Tips Box Set: 31 Fast and Easy Freezer Meal Recipes For a Whole Month Ahead Plus Top Secrets For Money Saving while Cooking and Serving Delicious ... (Cooking, Cooking Tips, Make Ahead Meals)**

*Jenny Stone, Emma Moore*

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## **BOOK #1: Make Ahead Meals: 31 Fast and Easy Freezer Meal Recipes For a Whole Month Ahead**

Would you like more time to relax at the end of a hard day? Never have to worry again about rushing home to cook the family meal? Have the opportunity to spend more quality time with your family? Plus make monetary savings?

These statements would certainly bring a resounding yes from most and these are some of the benefits that you can achieve with the help of this book. Make ahead meals or once a month cooking as it is also known is the simplest way to ensure that you have more time and can also provide you with many other benefits besides.

The chances are that you are already freezer cooking in a smaller way and whilst making meals ahead does require a certain amount of planning and organization the benefits will certainly be worth it. This type of cooking promotes efficiency and eliminates waste and the probably the best thing is that you can adapt your family's favorite foods so that everyone is happy.

**Making meals ahead is not for everyone, so it's best to begin by exploring the idea in more depth and this book has been designed to cover the basics including:**

- Get Organized
- The Shopping List
- Preparation
- Recipes
- Advantages of Once a month Cooking
- Disadvantages of Once a month Cooking

## **BOOK #2: Cheap and Delicious: Top Secrets For Money Saving while Cooking and Serving Delicious Meals**

Are you ready to learn how to save money on your grocery budget? Do you think that it's impossible to eat delicious foods on the cheap? Well, you can save money and continue to treat your family to delicious meals. In this ebook you will learn the top secrets to slashing your grocery budget. You won't just be eating beans and rice.

### **Here is what you will learn after reading this book:**

- How to save money on your favorite products
- Learn how to buy and preserve fresh produce
- Learn why you should shop the clearance items
- Examine the Farmers' Market and learn ways to save even more money while you're there

## **Getting Your FREE Bonus**

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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**Timothy Lumpkin:**

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