



## **Intervention and Resilience after Mass Trauma**

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# Intervention and Resilience after Mass Trauma

## Intervention and Resilience after Mass Trauma

This book is one of the first to describe the field of disaster mental and behavioral health. Directed at fostering resilience and recovery, the authors emphasize planning and early intervention to lessen mental illness, distress, and health risks. Psychological first aid is discussed, as well as the potential role of psychopharmacology and the relevance of culture in the setting of the disaster. This is essential reading for mental health clinicians, along with educators and students in the increasing numbers of educational programs relating to the preparation and response to mass trauma and disaster situations. It should also be read by policy makers and public health specialists who must understand the impact of disaster on the person and the systems in which we live.

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