



The Middle Way: The Definitive Guide to the Middle Way Method

Jordan McGilvray

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The Middle Way Method is a personal productivity system which allows a person to learn what is important, set goals, and to accomplish everything they have to do. It incorporates the best of the top down, and bottom up planning systems, and streamlines it all into a set of easy to follow processes. Each process can be used to improve your own system, or you can use them all together in the Middle Way Method.

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