



Nutrition: Concepts and Controversies (with CD-ROM, Dietary Reference Intakes Supplement, and InfoTrac)

Frances Sienkiewicz Sizer, Eleanor Noss Whitney

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NUTRITION: CONCEPTS AND CONTROVERIES, 9th focuses on nutrition principles and their application while offering outstanding coverage of the biological foundations of nutrition without assuming previous knowledge of them. Its colorful design and conversational writing style make it appealing and accessible to students and has made it the leading Nutrition text for the non-majors or mixed majors/non-majors introductory course.

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