



**The Decision: Your prostate biopsy shows cancer.
Now what?: Medical insight, personal stories, and
humor by a urologist who has been where you are
now.**

John C. McHugh M.D.

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Over 200,000 times a year in the U.S. a patient will leave his urologist's office having been told he has prostate cancer. What the patient thought to be a disease of old men from which they do not die, now becomes a very complicated and frustrating dilemma about which treatment to pursue. "The Decision" offers the reader an insider's view to the key issues necessary for a well thought-out treatment plan peculiar only to him. Being a urologist who treats prostate cancer and having had the disease as well, uniquely positions the author in offering guidance to the newly diagnosed prostate cancer patient. Dr. McHugh outlines a novel and multifaceted approach, using an eclectic mix of medical insight, personal stories and humor, to aid the reader in making his "Decision." The US Review of Books - Carolyn Davis A urologist, McHugh, was inspired to write this informative book after he developed prostate cancer and dealt with treatment options as a patient. Part guidebook, part autobiography, it is intended for men who are facing the often perplexing choices of potential treatments. "Prostate stories" and more of McHugh's autobiography complete the book. The Decision is recommended for its combination of empirical tools, personal anecdotes, and overall compassion. Clarion ForeWard Five Star out of Five Book Review: McHugh has written an invaluable tool for the man facing the decision of how to treat his prostate cancer. This reviewer too knows of what he speaks, having been diagnosed with prostate cancer nearly six years ago. He had robotic surgery and is living an active, cancer-free life. John Michael Senger April 28, 2011

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Daniel Engle:

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Sue Randall:

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