



Asian Americans: Personality Patterns, Identity, and Mental Health

Laura Uba PhD

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It has been more than 12 years since Stanley Sue and James Morishima published their seminal work, *The Mental Health of Asian Americans*. Since that time, an enormous amount of research has been conducted and there has been a significant shift in who comprises this population--an increasing number of Asian Americans are foreign born and the percentages from different ethnic groups have changed. This volume, based on the most recent research findings, brings the literature up to date by offering the most comprehensive coverage available on the full range of contemporary issues facing Asian Americans with respect to personality, ethnic identity, and mental health.

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