



## **HBR's 10 Must Reads on Managing Yourself (with bonus article "How Will You Measure Your Life?" by Clayton M. Christensen)**

*Peter Ferdinand Drucker, Clayton M. Christensen, Daniel Goleman*

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The path to your professional success starts with a critical look in the mirror.

If you read nothing else on managing yourself, read these 10 articles (**plus the bonus article "How Will You Measure Your Life?" by Clayton M. Christensen**). We've combed through hundreds of Harvard Business Review articles to select the most important ones to help you maximize yourself.

HBR's 10 Must Reads on Managing Yourself will inspire you to:

- Stay engaged throughout your 50+-year work life
- Tap into your deepest values
- Solicit candid feedback
- Replenish physical and mental energy
- Balance work, home, community, and self
- Spread positive energy throughout your organization
- Rebound from tough times
- Decrease distractibility and frenzy
- Delegate and develop employees' initiative

This collection of best-selling articles includes: **bonus article "How Will You Measure Your Life?" by Clayton M. Christensen**, "Managing Oneself," "Management Time: Who's Got the Monkey?," "How Resilience Works," "Manage Your Energy, Not Your Time," "Overloaded Circuits: Why Smart People Underperform," "Be a Better Leader, Have a Richer Life," "Reclaim Your Job," "Moments of Greatness: Entering the Fundamental State of Leadership," "What to Ask the Person in the Mirror," and "Primal Leadership: The Hidden Driver of Great Performance."

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