

The Evil Hours: A Biography of Post-Traumatic Stress Disorder

David J. Morris



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The Evil Hours: A Biography of Post-Traumatic Stress Disorder David J. Morris "Provocative, exhaustively researched, and deeply moving . . . An essential book." —New York Times Book Review

"Conveys the mysteries of trauma in a way that is unsurpassed in the literature . . . This is the most important book on the subject to come out in this century." —Times Literary Supplement

"Compulsively readable." —Los Angeles Times

Post-traumatic stress disorder haunts America today, its reach extending far beyond the armed forces to touch the lives of millions of us. In *The Evil Hours*, David J. Morris shares stories of people living with PTSD—including himself—and investigates the rich scientific, literary, and cultural history of the condition. The result is a humane, unforgettable book that has been hailed as a literary triumph, and an indispensable account of an illness.

"[The Evil Hours] reminded me why I wanted to be a writer in the first place . . . Communicate[s] the reality of PTSD, both to those who live with it and those who never have." —David Brooks, New York Times

"Engaging . . . Timely . . . A fascinating and well-researched narrative." —Chicago Tribune

"This is the book we've always needed . . . A work that empowers and connects people like never before. Anyone who has been touched by PTSD would benefit greatly from this book." —Foreign Policy



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