

## Practical Strategies for Clinical Management of Bullying (SpringerBriefs in Public Health)

Rashmi Shetgiri, Dorothy L. Espelage, Leslie Carrol



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This timely Brief offers up-to-date findings about bullying--from trends and outcomes to assessment and identification--and workable approaches to combat this social epidemic on multiple fronts. The book examines links between bullying and mental health issues, the complex dynamics between bully and bullied (especially since bullies themselves may be victimized by others) and new challenges presented by youth involvement in social media. Effects of whole-school interventions involving students, teachers, and administrators, on bullying and its consequences, are concisely presented. And clinicians have guidelines for coordinating with children, parents, schools and the community.

#### Included in the coverage:

- State statutes and federal anti-bullying efforts.
- A parent's perspective on the bullying of special-needs children.
- School-based prevention programs.
- Bullying and special populations.
- Parent strategies to reduce cyber-bullying.
- Best practices for promoting awareness and advocacy.

*Practical Strategies for Clinical Management of Bullying* is an important reference for clinicians, parents, professionals at child-serving agencies and organizations, school administrators and staff, policymakers and child advocates. Its coverage strikes the right balance between intervention and prevention, with effective methods for helping victims--and bullies--heal.



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