



Churchill Livingstone's Dictionary of Sport and Exercise Science and Medicine, 1e

Sheila Jennett MD PhD FRCP(Glasg)

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The dictionary is designed to be a pocket companion, for ready access by students, postgraduates, trainers, and health professionals involved in sport and exercise. It provides definitions and short accounts of terms used and techniques employed in the study and practical application of the relevant anatomy, physiology, biomechanics and psychology, and of commonly associated medical problems and treatments. Illustrations are included in the A-Z text, and appendices provide additional reference information and sources for further study.

- Wide coverage in A-Z text of relevant basic and applied topics relevant to sport and exercise.
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