



## **FRCS Trauma and Orthopaedics Exam: A guide to clinicals and vivas**

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# FRCS Trauma and Orthopaedics Exam: A guide to clinicals and vivas

## FRCS Trauma and Orthopaedics Exam: A guide to clinicals and vivas

The exam to obtain the Fellowship of the Royal Colleges of Surgeons in Trauma and Orthopaedics (FRCS Tr and Orth) is a tough test of the knowledge of trainees close to the end of their trauma and orthopaedic training. It is considered a most difficult exam, where the candidates are tested on a wide range of orthopaedic problems. Routine reading from journal and textbooks, and accurate preparation in a clinical setting may not be enough to pass the examination.

There is very little guidance on the best way to proceed with vivas and clinicals, and confusion over what the best approach in answering vivas and clinical examination is. This book aims to help candidates to prepare for the exam as in a real exam scenario. The book contains common viva and clinical stations at be basis of the FRCS(Tr and Orth).

## About the Author

Mr Kassim is coming to the end of his training in Trauma and Orthopaedic Surgery. He has developed a wide clinical experience, and has performed an in depth analysis of the exam to obtain the Fellowship of the Royal Colleges of Surgeons in Trauma and Orthopaedics (FRCS Tr and Orth) . This experience has resulted in great knowledge of the exam, which is now shared in the present book.

Professor Nicola Maffulli is a Consultant Orthopaedic and Sports Injury Surgeons. He has published close to 900 peer reviewed articles in scientific journals, and 12 books on Orthopaedic Surgery and on Sports Medicine. Professor Maffulli has particular scientific interest in physiopathology of sports injuries, including anterior cruciate ligament and tendon injuries, and great expertise in arthroscopic techniques of the knee and foot and ankle. He was Professor of Trauma and Orthopaedic Surgery at Keele University School of Medicine (2001-2008), Centre Lead and Professor of Sports and Exercise Medicine, at Queen Mary University of London, Barts and The London School of Medicine and Dentistry, London (2008-2013), and has now taken up the Chair in Musculoskeletal Disorders in Salerno University School of Medicine, Italy while maintaining an Honorary Chair in Sport and Exercise Medicine at Queen Mary University of London.

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