



# Growing Gourmet and Medicinal Mushrooms

*Paul Stamets*

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## **Growing Gourmet and Medicinal Mushrooms** Paul Stamets

After years of living in awe of the mysterious fungi known as mushrooms—chefs, health enthusiasts, and home cooks alike can't get enough of these rich, delicate morsels. With updated production techniques for home and commercial cultivation, detailed growth parameters for 31 mushroom species, a trouble-shooting guide, and handy gardening tips, this revised and updated handbook will make your mycological landscapes the envy of the neighborhood.

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