



# **Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment (Haworth Series in Family and Consumer Issues in Health)**

*Bruce Carruth, Carol Bucciarelli*

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Reconnect with dually diagnosed individuals using stories they can identify with!

Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment is a powerful tool to recommend to your clients who are dually diagnosed. This book presents vignettes about people with mental illness and addiction whose situations are representative of what goes on in a dual-diagnosis in-patient setting. This nonclinical, easy-to-read resource will give you, your patients, and their family members unique insight on dual diagnosis and how co-occurring mental illness and addiction can be treated with the minimum amount of blame, shame, or poor decision-making.

Addicted and Mentally Ill focuses on the most significant issues surrounding these individuals, such as:

- dual diagnosis and the family system—how family can help or hinder treatment
- the reasons why dually diagnosed clients resist treatment
- the fear of losing self-identity in treatment
- the misunderstandings about dual diagnosis—from the perspectives of the client, family members, and professionals in medicine and social work
- the role of hope, empowerment, and spirituality in recovery in dual diagnosis
- what the patient/client and family members can do to improve treatment options

Addicted and Mentally Ill is unique for its storytelling format, consisting of brief tales and short explanations you can recommend to clients and families with limited clinical knowledge or time. This innovative tool answers many of the questions that dually diagnosed individuals may have and helps them learn of the issues surrounding their illness as well as their addiction. For those professionals who provide direct counseling to these clients or patients, this book offers an interesting and nonthreatening way to help them learn about treatment options.

The stories in Addicted and Mentally Ill confront the life problems specific to dually diagnosed individuals, including:

- alcohol, drugs, and self-medication
- the difficulties of building trust in group therapy settings
- psychotropic medications
- illnesses such as bipolar disorder, schizophrenia, depression, and personality disorders
- suicide

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**From reader reviews:**

**William Reynolds:**

The book Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment (Haworth Series in Family and Consumer Issues in Health) gives you the sense of being enjoy for your spare time. You may use to make your capable more increase. Book can to become your best friend when you getting anxiety or having big problem using your subject. If you can make studying a book Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment (Haworth Series in Family and Consumer Issues in Health) to get your habit, you can get far more advantages, like add your own personal capable, increase your knowledge about a number of or all subjects. You may know everything if you like open and read a book Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment (Haworth Series in Family and Consumer Issues in Health). Kinds of book are several. It means that, science publication or encyclopedia or other individuals. So , how do you think about this guide?

**Carrie Hunter:**

In this 21st millennium, people become competitive in every single way. By being competitive right now, people have do something to make them survives, being in the middle of typically the crowded place and notice by simply surrounding. One thing that oftentimes many people have underestimated it for a while is reading. Yes, by reading a guide your ability to survive enhance then having chance to remain than other is high. To suit your needs who want to start reading any book, we give you this Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment (Haworth Series in Family and Consumer Issues in Health) book as beginner and daily reading publication. Why, because this book is usually more than just a book.

**Richard Stratton:**

Spent a free time to be fun activity to try and do! A lot of people spent their leisure time with their family, or their own friends. Usually they undertaking activity like watching television, going to beach, or picnic from the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Could be reading a book can be option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of publication that you should read. If you want to test look for book, may be the book untitled Addicted and Mentally Ill: Stories of Courage, Hope, and Empowerment (Haworth Series in Family and Consumer Issues in Health) can be great book to read. May be it may be best activity to you.

**Claire Davis:**

Many people spending their time by playing outside along with friends, fun activity using family or just watching TV the entire day. You can have new activity to pay your whole day by looking at a book. Ugh, ya think reading a book can definitely hard because you have to use the book everywhere? It ok you can have

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