



A Thousand Paths to Long Life

David Baird

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These collections of encouraging thoughts and comforting words offer a fresh perspective on the human experience in a striking format that features details from Japanese prints and textiles and four-color metallic ink. Bringing together a wide range of voices, ancient and modern, from both the East and West, each volume serves as a powerful reminder that the key to a contented life lies with the individual. Theological and philosophical thoughts from Greek mythology, Eastern and Western religion, proverbs, art, and literature offer wisdom, inspiration, and solace. Among the featured leaders, philosophers, artists, and scientists are William Butler Yeats, Salvador Dali, Benjamin Franklin, Mother Teresa, Plato, and Einstein.

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